

## Other organisations that can help carers are:



Crossroads Care South Central

[www.crossroadscare-sc.org](http://www.crossroadscare-sc.org) or Tel: 01903 790270



West Sussex Carers Support Services

For Worthing & District visit:

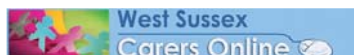
[www.carerswsx.org.uk](http://www.carerswsx.org.uk) or Tel: 01903 536378

For Regis, Chichester & Rural visit:

[www.carerssupportservice.org.uk](http://www.carerssupportservice.org.uk) or Tel: 01243 537011

For North & Mid Sussex

[www.carerssupport.org.uk](http://www.carerssupport.org.uk) or Tel: 01293 657040



West Sussex Carers Online

[www.westsussexcarers.org.uk](http://www.westsussexcarers.org.uk) or Tel: 01903 859928



West Sussex Young Carers

[www.yourspacewestsussex.co.uk](http://www.yourspacewestsussex.co.uk) or Tel: 07921 933475



Parents and Carers Support Organisation

[www.pacso.org.uk](http://www.pacso.org.uk) or Tel: 01243 533353



The Big Bridge West Sussex

[www.thebigbridgewestsussex.org](http://www.thebigbridgewestsussex.org) or Tel: 01293 655451

## Some quotes from satisfied carers ...

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*“Since having a card two years ago, I have had a lot more freedom.”*

*“This is a wonderful system and I appreciate what you do to help carers.”*

*“So reassuring to know the right people would be informed should it be needed.”*

*“Thank you, I never go out without it.”*

*“Thank you for the support and the peace of mind.”*

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Chichester Careline has been supporting telecare and independent living across West Sussex for over 25 years.

### For more information

- Visit [www.chichestercareline.org.uk](http://www.chichestercareline.org.uk)
- Or write to us at:  
**Chichester Careline, Florence Road,  
Chichester, West Sussex, PO19 7QU.  
Telephone: (01243) 778688**
- or email: [chichestercareline@chichester.gov.uk](mailto:chichestercareline@chichester.gov.uk)

Also, follow us on:



Corporate member of  
Plain English Campaign  
Committed to clearer communication

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Provided by Chichester District Council

# West Sussex Carer's emergency alert card

For anyone who cares for someone



01243 778688

Do you worry about what would happen to the person you look after if you were taken ill and unable to tell anyone that someone depends on you?

If your answer is 'Yes', the carer's emergency alert card may be the answer for you



### What is the carer's emergency alert card?

It is a laminated card approximately the size of a credit card, which will identify you as a carer if you have an accident. The scheme is run by Chichester Careline.

### Who can access the scheme?

Anyone who lives within West Sussex.

### Will I have to pay?

No. We provide the service free of charge with support from West Sussex County Council.

### Why was the scheme developed?

Carers were concerned about what would happen to the person they cared for if they were out alone and had an accident. They wanted a scheme, which would give them peace of mind and provide help at any time of the day and night.

### How does it work?

You can register with the scheme by completing an enrolment form online by visiting [www.chichestercareline.org.uk](http://www.chichestercareline.org.uk) Or alternatively telephone **01243 778688** where an enrolment form will be sent to you.

The form gives us information about you and the person you care for and the names of the two people we can contact in an emergency. We will then issue you with a laminated card with a reference number and our phone number.

Your reference number is linked to us at Chichester Careline. If something should happen, we will phone your contacts to then action your emergency arrangements.

The system is confidential. Your card will not have any personal details on it, so the identities of you and the person you are caring for are protected. The only way to identify you is by the reference number on the card.

### How do I use the card?

Always carry the card with you. It is important that the emergency services can find it quickly.



### What are the benefits for me and the person I am caring for?

- Chichester Careline is open 24/7
- You can have peace of mind knowing that if anything happens to you while you are out, we will ask one of your contacts to make sure the emergency plans you have agreed are put into action.

### What are my responsibilities?

- You must make sure that your named contacts have agreed to be contacted in an emergency.
- You must discuss the possible emergency plans with your contacts.
- You must tell us about any changes in your circumstances and those of your named contacts, such as change of mobile phone number, car registration and so on.

### Does the scheme work?

Yes. It has been running for some time in West Sussex and carers find it really useful. It is simple, easy to use and has been successful in making sure that help is available quickly when it is needed.

Please contact us if you need help completing the enrolment form.

**You do not need to have a Careline unit to be able to join this scheme.**

### If you require any further information on:

- Carers
- Benefits
- Adaptations
- Mobility aids
- Pensions
- Respite care

Please contact Chichester Careline on: **(01243) 778688**